

MORNING PRAYERS

1 Veni, Sancte Spiritus; reple tuorum corda fidelium, et tui amoris in eis ignem accende.
Emitte Spiritum tuum, et creabuntur;
Et renovabis faciem terrae.

Oremus. Deus, qui corda fidelium Sancti Spiritus illustratione docuisti: da nobis in eodem Spiritu recta sapere, et de ejus semper consolatione gaudere. Per Christum Dominum nostrum.

Amen.

The Little Crown of the Blessed Virgin

2 Dignare me laudare te, Virgo sacrata.
Da mihi virtutem contra hostes tuos.

1 *Pater noster.*

2 *Ave, Maria.*

Beata es, Virgo Maria, quae Dominum portasti Creatorem mundi, genuisti qui te fecit, et in aeternum permanes virgo.

Gaude, Maria Virgo;

Gaude millies!

2 *Ave, Maria.*

Sancta et immaculata Virginitas, quibus te laudibus efferam nescio; quia quem coeli capere non poterant tuo gremio contulisti.

Gaude, Maria Virgo;

Gaude millies!

3 *Ave, Maria.*

Tota pulchra es, Virgo Maria, et macula non est in te.

Gaude, Maria Virgo;

Gaude millies!

4 *Ave, Maria.*

Plu(re)s tibi sunt dotes, Virgo, quam sidera coelo.

Gaude, Maria Virgo;

Gaude millies!

Gloria Patri, et Filio, etc.

3 2 *Pater noster.*

5 *Ave, Maria.*

Gloria tibi sit, Imperatrix poli! Tecum nos perducas ad gaudia Coeli.

Gaude, Maria Virgo;

Gaude millies!

6 *Ave, Maria.*

Gloria tibi sit, Thesauraria gratiarum Domini! Fac nos participes thesauri tui.

Gaude, Maria Virgo;

Gaude millies!

7 *Ave, Maria.*

Gloria tibi sit, Mediatrix inter Deum et hominem! Fac nobis propitium

Omnipotentem.

Gaude, Maria Virgo;

Gaude millies!

8 *Ave, Maria.*

Gloria tibi sit, haeresum et doemonum Interemprix! Sis pia nostra gubernatrix.

Gaude, Maria Virgo;

Gaude millies!

Gloria Patri, et Filio, etc.

4 3 *Pater noster.*

9 *Ave, Maria.*

Gloria tibi sit, Refugium peccatorum! Intercede pro nobis ad Dominum.

Gaude, Maria Virgo;

Gaude millies!

10 *Ave, Maria.*

Gloria tibi sit, orphanorum Mater! Fac nobis propitius sit omnipotens Pater.

Gaude, Maria Virgo;

Gaude millies!

11 *Ave, Maria.*

Gloria tibi sit, Laetitia justorum! Tecum nos perducas ad gaudia Coelorum.

Gaude, Maria Virgo;

Gaude millies!

12 *Ave, Maria.*

Gloria tibi sit, in vita et in morte Adjutrix praesentissima! Tecum nos perducas ad Coelorum regna.

Gaude, Maria Virgo;

Gaude inillies!

Gloria Patri, et Filio, etc.

5 *Oremus*

Ave, Maria, filia Dei Patris; ave, Maria, mater Dei Filii; ave, Maria, sponsa Spiritus Sancti; ave, Maria, templum totius sanctissimae Trinitatis; ave, Maria, domina mea, bona mea, rosa mea, regina cordis mei, mater, vita, dulcedo, et spes mea carissima, imo, cor meum et anima mea: tuus totus ego sum, et omnia mea tua sunt, o Virgo super omnia benedicta. Sit ergo in me anima tua, ut magnificet Dominum; sit in me spiritus tuus, ut exultet in Deo. Pone te, Virgo fidelis, ut signaculum super cor meum, ut in te et per te Deo fidelis inveniar. Largire, o Benigna, ut illis annumerer quos tanquam filios amas, doces, dirigis, foves, protegis. Fac ut, amore tui, terrenas omnes spernens consolationes, coelestibus semper inhaeream, donec in me per Spiritum Sanctum sponsum tuum fidelissimum, et te fidelissimam ejus sponsam, formetur Jesus Christus filius tuus, ad gloriam Patris. Amen.

(For translation, see No. 10 ff.)

Morning Prayers

For the Daughters of Wisdom

6 In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

Veni, Sancte Spiritus, reple tuorum corda fidelium, et tui amoris in eis ignem accende.

Emitte Spiritum tuum et creabuntur.

Et renovabis faciem terrae.

Oremus. Deus qui corda fidelium Sancti Spiritus illustratione docuisti, da nobis in eodem Spiritu recta sapere, et de ejus semper consolatione gaudere. Per Christum Dominum nostrum.

Amen.

7 *Let us place ourselves in the presence of God and bow in adoration before him.*

My God, I firmly believe that you are here present; I adore you and acknowledge you as my sovereign Lord and Master upon whom I wholly depend.

Amen.

8 *Let us ask God for all that is necessary for our salvation.*

My God, grant me sorrow to lament my sins, strength to overcome temptations, zeal to practice the virtues of my state of life, submission to my superiors, charity towards my Sisters, compassion for my neighbour, especially for the poor and the sick, and may I never fail to be attentive to my prayers, exact in my duties, and persevering in my resolves.

Amen.

9 *Let us offer all our actions to God.*

My God, just as I wish to love nothing more than you, so I wish to live only for you. I offer you all my thoughts, all my words, all my actions and all my sufferings this day; please bestow your holy blessing upon them.

Amen.

Let us say The Little Crown of the Blessed Virgin to obtain from God through Mary's intercession the grace not to offend him today.

The Little Crown of the Blessed Virgin

10 Virgin most holy, accept my praise.

And give me strength to fight your foes.

Our Father. Hail Mary.

You are indeed blessed, Virgin Mary, in having brought forth the Creator of the universe.

You gave birth to the one who made you, while ever remaining a virgin.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Hail Mary.

Virgin holy and immaculate, no tongue can praise you worthily.

For you bore in your womb the God whom the very heavens cannot enclose.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Hail Mary.

You are all beautiful, O Mary.

And free from every stain of sin.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Hail Mary.

The gifts bestowed on you, Virgin Mary.

Outnumber the stars of heaven.

Rejoice, O Virgin Mary.

Rejoice forever and ever..

Glory be to the Father.

11 *Our Father. Hail Mary.*

Queen of the whole world, we praise you.

Lead us to the joys of heaven.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Hail Mary.

Treasury of all God's graces, we praise you.

Grant us a share in your heavenly gifts.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Hail Mary.

Mediatrix between God and man, we praise you.

Through your intercession may the Almighty be favourable to us.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Hail Mary.

Victor over heresies and all that is evil, we praise you.

Guide us lovingly in the way of truth.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Glory be to the Father.

12 *Our Father. Hail Mary.*

Refuge of sinners, we praise you.

Reconcile us with Almighty God.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Hail Mary.

Mother of orphans, we praise you.

Make us beloved children of our Father.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Hail Mary.

Joy of those who serve the Lord, we praise you.

Lead us with you to the happiness of heaven.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Hail Mary.

Advocate ever near us in life and in death, we praise you.

Lead us with you to the kingdom of God.

Rejoice, O Virgin Mary.

Rejoice forever and ever.

Glory be to the Father.

13 *Let us pray.*

Hail, Mary, daughter of God the Father, mother of God the Son, spouse of the Holy Spirit, temple of the Blessed Trinity.

Hail, Mary, my mistress, my wealth, my joy; Queen of my heart, my Mother and my life; my consolation, my dearest hope, my very heart and soul.

I belong to you entirely, and all that I possess is yours, Virgin blessed above all. May your soul be in me to glorify God; may your spirit be in me to rejoice in God.

Virgin most faithful, set your seal upon my heart, so that in you and through you I may be found faithful to God.

Grant, gracious Mother, that I may be numbered among those whom you love and instruct, whom you guide, cherish, and protect as your children. O Queen of heaven, I renounce from this moment anything in me that does not belong to you. O daughter of the King of kings, whose principal glory is within, do not allow me to be distracted by things that are visible and transitory; grant, rather, that through God's abundant grace, I may always be intent on the life within me, where I may find in God my delight, my wealth, my honour, my glory and my rest. Thus, through the Holy Spirit, your faithful spouse, and through you, his

faithful spouse, Jesus Christ, your beloved Son may be perfectly formed in our hearts for the greater glory of God our Father, forever and ever.

Amen.

Night Prayers

14 Veni, Sancte Spiritus, etc.

Benedicta sit sancta atque individua Trinitas, nunc et semper, et per infinita saecula saeculorum.

Amen.

15 *Let us place ourselves in the presence of God.*

My God, I firmly believe that you are here present; I adore you, and acknowledge you as my sovereign Lord and Master. Amen.

My God, I love you with all my heart, above all things, because you are infinitely worthy of my love; I also love my neighbour as myself for your sake. Amen.

My God, I hope for the assistance of your grace to obtain life everlasting through the merits of Jesus Christ, my Saviour. Amen.

My God, I firmly believe all that the Catholic, Roman and Apostolic Church believes and teaches, because you, the sovereign Truth, have revealed it. Amen.

My God, I thank you with all my heart for all the graces you have bestowed on me during my whole life, and especially for those of this day. Amen.

My God, I beseech you to enlighten me now as if it were the hour of my death, so that I may know the sins by which I have offended you. Amen.

16 *Let us examine the sins we have committed this day by thought, word and deed.*

(Pause for a short while.)

Let us beg pardon of God, with great sorrow for having offended him.

My God, I am very sorry for having offended you, because you are infinitely good and most worthy of my love, and because sin is so displeasing to you; I firmly resolve by the help of your grace never more to offend you. Amen.

17 *(Here follow the Confiteor, Misereatur and Indulgentiam.)*

My God, forgive us our sins through the intercession and merits of the Blessed Virgin and of all the Saints; through the praise and adoration they offer you in heaven; through the Precious Blood of your dear Son, and through your infinite goodness.

Amen.

18 *Let us say an Our Father and a Hail Mary for our penance.*

Our Father. Hail Mary.

Holy Guardian Angel, I thank you for your care and protection; watch over me, I beseech you, to the end of my life. Amen.

My God, I beseech you to grant contrition and pardon to all poor sinners, perseverance to the just, eternal rest to the souls in Purgatory, peace among Christian rulers, a hundredfold reward to our benefactors, and the grace of a good life and a happy death.

Amen.

19 *To obtain all these graces, let us ask our Lady to intercede for us by saying devoutly the Litany of Loreto.*

(Here follows the Litany of Loreto and concluding prayer.)

20 O Jesus living in Mary, come and dwell in your servants in the spirit of your holiness, in the fullness of your power, in the perfection of your ways, in the truth of your virtues, in the communion of your mysteries. Subdue your enemies, the devil, the world and the flesh, in the strength of your Spirit, for the glory of your Father.

Amen.

My God, we offer you the rest we are about to take in honour of the eternal rest which you take in yourself, in your Son and your Holy Spirit, in the Blessed Virgin, in all the Saints in heaven and on earth.

Amen.

Saviour Jesus, we offer you our sleep in honour of, and in union with your sleep, your death and burial; and our awakening tomorrow in honour of and in union with your holy resurrection. We adore your holy dispositions in these actions, and we beg of you the grace to obtain the same.

Amen.

21 *Let us pray for our dead relations, friends and benefactors. Let us say the De Profundis for our dear departed.*

(Here follows the De Profundis and concluding prayer.)

Jesus, Mary, Joseph.

Help us.

God grant us his peace, his love and his grace.

And life everlasting.

22 *Let us thank God for the graces he has bestowed on us today by saying the Magnificat.*

(Here follows the Magnificat.)

23 *After the Magnificat has been said in two choirs, the subject of mental prayer is read. Then the following verses are said kneeling:*

Maria, Mater gratiae,

Dulcis parens clementiae,

Tu nos ab hoste protege,

Et mortis hora suscipe.

Jesu, tibi sit gloria,

Qui natus es de Virgine,

Cum Patre et almo Spiritu

In sempiterna saecula. Amen.

Praised and blessed be at every moment.

The most holy and divine Sacrament.

Nos, cum prole pia, benedicat Virgo Maria!

Amen.

God Alone